

USD# 410 Hillsboro

HS/MS October Breakfast

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Dutch Waffles Cereal Fresh Fruit Bar Juice Milk	Oct - 2 Dutch Waffles Cereal Fresh Fruit Bar Juice Milk	Oct - 3 Egg and Cheese Cris Cereal Juice Fresh Fruit Bar Milk	Oct - 4 Danish Roll Cereal Juice Fruit Cocktail Milk	Oct - 5 Breakfast Pizza Cereal Juice Mandarin Oranges Milk
Oct - 8 Breakfast Sticks Cereal Juice Orange Wedges Milk	Oct - 9 Glazed Donut Cereal Juice Orange Wedges Milk	Oct - 10 Biscuit Sausage Patty Cereal Juice Orange Wedges Milk	Oct - 11 Chik'N JR's Rolls Cereal Juice Fresh Fruit Bar Milk	Oct - 12 Waffles Cereal Fresh Fruit Bar Juice Milk
Oct - 15 Honey Bun Cereal Juice Orange Wedges Milk	Oct - 16 Strawberry Pancakes Cereal Peaches Juice Milk	Oct - 17 Breakfast Bites Cereal Grapes Juice Milk	Oct - 18 Cheese Omelet Cinnamon Toast Cereal Orange Wedges Juice Milk	Oct - 19 Maple Pancakes Cereal Peaches Juice Milk
Oct - 22 Mini Cinnis Cereal Bananas Yogurt Juice Milk	Oct - 23 Breakfast Pizza Cereal Juice Mandarin Oranges Milk	Oct - 24 Breakfast Sticks Cereal Juice Fresh Fruit Bar Milk	Oct - 25 Cherry Frudel Cereal Mandarin Oranges Juice String Cheese Stick Milk	Oct - 26 Blueberry Waffle Cereal Fresh Fruit Bar Juice Milk
Oct - 29 Breakfast Burrito Cereal Pineapple Chunks Juice Milk	Oct - 30 Biscuit Sausage Gravy Cereal Juice Orange Wedges Milk	Oct - 31 Long John Cereal Yogurt Fruit Juice Milk		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.