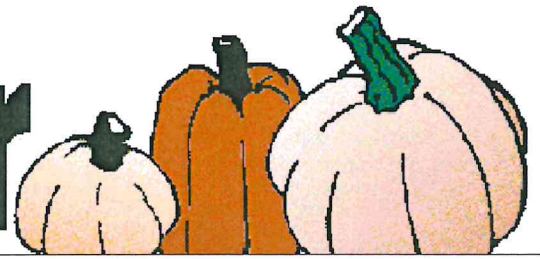







# October



*HES*

## *October Breakfast*

<p>1 Cherry Frudel Mandarin Oranges Juice Milk</p>	<p>2 Breakfast Pizza Peaches Juice Milk</p>	<p>3 </p>	<p>4 Waffles Juice Fruit Cocktail Milk</p>	<p>5 Long John Juice Bananas Milk</p>
<p>8 Maple Pancakes Juice Mandarin Oranges Milk</p>	<p>9 Breakfast Sticks Pears Juice Milk</p>	<p>10 Donut Cereal Choice Juice Applesauce Milk</p>	<p>11 French Toast Sticks Juice Orange Wedges Milk</p>	<p>12 Cheese Omelet Juice Toast Pineapple Tidbits Milk</p>
<p></p>	<p>16 Egg and Cheese Crispito Cereal Choice Juice Pineapple Tidbits Milk</p>	<p>17 Hot Oatmeal Juice Strawberry Smoothie Milk</p>	<p>18 Mini Cinnis Bananas Juice Milk</p>	<p>19 Breakfast Bites Juice Apricots Milk</p>
<p>22 Blueberry Waffle Juice Applesauce Milk</p>	<p>23 Cherry Frudel Apple Frudel Juice Strawberry Smoothie Milk</p>	<p>24 Chik'N JR's Biscuit Juice Milk</p>	<p>25 Sausage Patty Biscuit Juice Pineapple Tidbits Milk</p>	<p>26 </p>
<p>29 Cherry Frudel Mandarin Oranges Juice Milk</p>	<p>30 Breakfast Pizza Peaches Juice Milk</p>	<p>31 Honey Bun Juice Strawberry Smoothie Milk</p>		